

2006 RITA

National Open ITF Championships

**UCD College, Belfield, Dublin 4.  
Saturday 11<sup>th</sup> November.**

***Tournament  
Information***

## **Important Information**

**Tournament Date:** Saturday 11th November 2006.  
**Venue:** Sports hall, UCD College, Belfield, Dublin 4.  
**Start Times:** Tournament Starts at 10.30a.m.  
Umpires Meeting at 10.00a.m. *sharp*.

**Entry Fees: €20.00 All Competitors**

\*\*\*\*\*

**Closing Date for receipt of entries: Monday 6th November 2006.**

**Entries must be accompanied by the enclosed  
School Cover Sheet fully completed or they will  
NOT be accepted.**

**Officials/Umpires: Each school must provide at least 1 *qualified* umpire per 10 students i.e. a Black Belt over the age of 18 who has successfully completed an officially approved Umpires Course. To ensure smooth running of the Tournament please encourage as many of your qualified Umpires to attend.**

**Officials/Umpires must wear officially approved umpires outfit, i.e. blue suit with white long sleeve shirt, official tie and white running shoes.**

**Coaches must wear Tracksuit, no coaches in doboks will be allowed.**

**UMPIRES/OFFICIALS ARE NOT  
PERMITTED TO COACH COMPETITORS  
DURING THE TOURNAMENT.**

***For further information regarding the event, please contact:  
Mr. Floyd Keane, Tournament Administrator. 086-8541889  
Or the National Secretary, 01-4510462***

## TOURNAMENT SECTIONS\*

*\* The organiser reserves the right to amend / cancel sections if there are insufficient numbers of competitors.*

### Colour Belt Divisions

#### ***Patterns Section***

- Competitors will be asked to perform one pattern, i.e. pattern of their grade as outlined below. In the event of a tie, they may be asked another pattern from a lower grade.
- Males & females will compete together in Colour Belt Patterns.
- 1<sup>st</sup>, 2<sup>nd</sup>, and 2 X 3<sup>rd</sup> Place

#### **Divisions as follows:**

1. 9<sup>th</sup> Kups 17 Years and under Chon-ji Tul
2. 9<sup>th</sup> Kups 18 Years and upwards Chon-ji Tul
3. Yellow Belt 12 years and under Dan-Gun Tul
4. Yellow Belt 13-17 years Dan-Gun Tul
5. Senior Yellow Belt Dan-Gun Tul
6. Green Belt 12 years and under Won-Hyo Tul
7. Green Belt 13-17 years Won-Hyo Tul
8. Senior Green Belt Won-Hyo Tul
9. Blue Belt 12 years and under Joong-Gun Tul
10. Blue Belt 13-17 years Joong-Gun Tul
11. Senior Blue Belt Joong-Gun Tul
12. Red Belt 12 years and under Hwa-Rang Tul
13. Red Belt 13-17 years Hwa-Rang Tul
14. Senior Red Belt Hwa-Rang Tul

#### ***Sparring Section***

- Please advise your students that **no contact** will be permitted in sparring competition.
- Electronic scoring (“Fight System”) will be used.
- Competitors must be 6<sup>th</sup> Kup (green belt) or higher to compete in sparring.
- Junior Sparring – All bouts (incl finals) will be 1 X 1.5 minute rounds
- Senior Sparring – All bouts (incl finals) will be 1 X 2 minute rounds
- 1<sup>st</sup>, 2<sup>nd</sup>, and 2 X 3<sup>rd</sup> Place
- Senior Male Sparring  
Lightweight: up to 70kg  
Middleweight: up to 80kg\*  
Heavyweight: over 80 kg
- Senior Female Sparring  
Lightweight: up to 60kg  
Middleweight: up to 70kg\*  
Heavyweight: over 70kg

\* These sections maybe cancelled if there are not enough competitors.

**Divisions as follows:**

1. Male Green – Red Belt up to 11 yrs
2. Female Green – Red belt up to 11 yrs
3. Male Green Belt 12-14 yrs
4. Female Green Belt 12-14 yrs
5. Male Green Belt 15-17 yrs
6. Female Green Belt 15-17 yrs
7. Male Blue – Red Belt 12-14 yrs
8. Female Blue – Red Belt 12-14 yrs
9. Male Blue – Red Belt 15-17 yrs
10. Female Blue – Red Belt 15-17 yrs
11. Male Green Belt 18 yrs and above (Light)
12. Male Green Belt 18 yrs and above (Middle)\*
13. Male Green Belt 18 yrs and above (Heavy)
14. Male Blue-Red Belt 18 yrs and above (Light)
15. Male Blue-Red Belt 18 yrs and above (Middle)\*
16. Male Blue-Red Belt 18 yrs and above (Heavy)
17. Female Green-Red Belt 18 yrs and above (Light)
18. Female Green-Red Belt 18 yrs and above (Middle)\*
19. Female Green-Red Belt 18 yrs and above (Heavy)

***Power Sections***

- Focus Boards will be used for the power sections.
- ITF Procedure as regards measuring, ready position etc must be followed.
- 1 X 1<sup>st</sup>, 1 X 2<sup>nd</sup> and 1X 3<sup>rd</sup> only (overall hand and foot combined for each category).
- Each competitor will perform the techniques designated for their grade and will accumulate points accordingly.
- Competitors must be 18 years or over and green belt or higher to compete in this event.

**Divisions as follows:**

1. Male Green Belt
2. Male Blue Belt
3. Male Red Belt
4. Female Green-Red Belt

**Techniques:**

	MALE			FEMALE		
GRADE ( KUP)	1 & 2	3 & 4	5 & 6	1 & 2	3 & 4	5 & 6
<b>HAND</b>						
BACKFIST	X					
PUNCH	X	X				
KNIFEHAND		X	X	X	X	
ELBOW			X			X
<b>FOOT</b>						
Jump Side Peircing Kick (From Parallel Stance)	X			X		
Reverse Turning Kick	X	X		X	X	
Turning Kick		X	X		X	X
Side Peircing Kick			X			X

## **Black Belt Divisions**

### ***Patterns Section***

• Competitors will be required to perform 2 patterns, one optional and one designated. The **optional pattern must be from their present degree**, while the designated may be any pattern from Chon-Ji Tul

up to and including their present degree patterns.

- 1<sup>st</sup>, 2<sup>nd</sup>, and 2 X 3<sup>rd</sup> Place

### **Divisions as follows:**

1. Under 18 Years I, II, III Degree (Male & Female)
2. 18 Years and over I and II Degree (Male & Female)
3. 18 Years and over III and IV Degree (Male & Female)

### ***Sparring Section***

• Please advise your students that **no contact** will be permitted in sparring competition

• Electronic scoring (“Fight System”) will be used.

• Junior Sparring – All bouts (except finals) will be 1 X 1.5 minute rounds. Finals will be 2 X 1.5 minute rounds.

• Senior Sparring – All bouts (except finals) will be 1 X 2 minute rounds. Finals will be 2 X 2 minute rounds.

- 1<sup>st</sup>, 2<sup>nd</sup>, and 2 X 3<sup>rd</sup> Place

• Senior Male Sparring

Lightweight: up to 71kg

Middleweight: up to 80kg

Heavyweight: over 80kg

• Senior Female Sparring

Lightweight: up to 62kg

Middleweight: up to 70kg

Heavyweight: over 70kg

### **Divisions as follows:**

1. Male up to 17 yrs ( If enough competitors this section will be split on Height)
2. Female up to 17 yrs ( If enough competitors this section will be split on Height)
3. Male 18 yrs and over (Light)
5. Male 18 yrs and over (Middle)
6. Male 18 yrs and over (Heavy)
7. Female 18 yrs and over (Light)
8. Female 18 yrs and over (Middle)
9. Female 18 yrs and over (Heavy)

### ***Power Sections***

• Focus Boards will be used for the power sections.

• ITF Procedure as regards measuring, ready position etc must be followed.

• 1 X 1<sup>st</sup>, 1 X 2<sup>nd</sup> & 1 X 3<sup>rd</sup> (overall hand and foot combined for each category)

• Competitors must be 18 years or over to compete in this event.

### **Divisions as follows:**

1. Senior Male Power: Forefist/Knifehand Strike/Side Piercing Kick/Turning Kick/Reverse Turning Kick.

2. Senior Female Power: Knifehand Strike/Front Elbow Strike/Side Piercing Kick/Turning Kick/180 Back Kick

**SCHOOL DECLARATION**  
**2006 RITA National Open ITF Championships**  
**On Saturday 11<sup>th</sup> November 2006**  
**At Sports Hall, UCD Belfield, Dublin 4.**

**SCHOOL DETAILS**

Name of Your Taekwon-Do School:

\_\_\_\_\_

Association Name: \_\_\_\_\_

Name of Your Instructor: \_\_\_\_\_ Degree: \_\_\_\_\_

**Competitor Numbers Fees included**

**Total \_\_\_\_\_ @ €20 each \_\_\_\_\_**

**Umpire List**

<b>Name:</b>	<b>Dan:</b>	<b>Qualification:</b>	<b>Competing?</b>
1.	/	/	/
2.	/	/	/
3.	/	/	/
4.	/	/	/
5.	/	/	/
6.	/	/	/

**For more information contact Mr Floyd Keane**  
**086-8541889 E-mail: instructor@tkdstillorgan.com**

**ALL PAYMENTS IN EURO TO: RITA**

**SEND TO: National Secretary, 32 Alderwood Ave, Tallaght, Dublin 24**

**Late entries may be rejected. Forms with missing information may be rejected.**

**CLOSING DATE FOR RECEIPT OF APPLICATIONS MONDAY 6<sup>th</sup> NOVEMBER 2006**