2006 Maynooth ITF Tournament

NUI Maynooth, Co Kildare. 24th September 2006.

Tournament Information





Important Information

Sunday 24th September 2006. **Tournament Date:** Venue: Sports Centre, NUI Maynooth, Co Kildare. **Start Times:** Individual Tournament Starts at 10.30a.m. Umpires Meeting at 10.00a.m. sharp. **Entry Fees:** €20.00 All Competitors ************ Monday 18th September 2006. **Closing Date for receipt of entries:** Entries must be accompanied by the enclosed School Cover Sheet fully completed or they will NOT be accepted. Officials/Umpires: Each school must provide at least 1 qualified umpire per 10 students i.e. a Black Belt over the age of 18 who has successfully completed an officially approved

Umpires Course. To ensure smooth running of the Tournament please encourage as many of your qualified Umpires to attend.

Officials/Umpires must wear officially approved umpires outfit, i.e. blue suit with white long sleeve shirt, official tie and white running shoes.

Coaches must wear Tracksuit, no coaches in doboks will be allowed.

UMPIRES/OFFICIALS ARE NOT PERMITTED TO COACH COMPETITORS DURING THE TOURNAMENT.

For further information regarding the event, please contact: Mr. Stephen Doyle, Tournament Administrator. 01-4625252 or 087-6986491 ************

Tournament Details

- The tournament is open to all ITF members from 9th Kup white belt to 4th Degree Black Belt.
- 9th/8th/7th Kup members eligible to compete in Patterns division only.
- Power test only for competitors aged 18 years or over
- Special Technique only for Junior competitors
- Full ITF Dobok must be worn by all competitors.
- 'Junior' refers to any competitor up to and including the age of 17 on the date of competition.
- 'Senior' refers to any competitor aged 18 or over on the date of competition.
- Sparring:
- Mouth Guards are compulsory for all competitors for sparring
- Groin guards compulsory for all male competitors. (must be worn INSIDE the dobok)
- Approved hand and foot pads compulsory for all competitors. (Red & Blue if possible)
- Competitors may, optionally, wear the following:
 - i.) Shin protectors.
 - ii.) Breast protectors (must be worn INSIDE the dobok jacket) (female only).
 - iii.) Head guard (Juniors only)
- Patterns:
- 9th Kup to Red belt section will be in the normal "highest point winner" form.
- $1^{st} 4^{th}$ Dan Patterns will be in the form of a knockout competition using AETF scoring procedure.

COLOUR BELT DIVISIONS

A. Patterns Sections

Competitors will be asked to perform one pattern i.e. pattern of their belt colour outlined below. In the event of a tie, they may be asked another pattern from a junior grade.

1st, 2nd, and 3rd Place

P1	Junior 9 th Kup	Chon-Ji
P2	Senior 9 th Kup	Chon-Ji
P3	U12 Yellow	Dan-Gun
P4	13-17 Yellow	Dan-Gun
P5	Senior Yellow	Dan-Gun
P6	U12 Green	Won-Hyo
P7	13-17 Green	Won-Hyo
P8	Senior Green	Won-Hyo
P9	U12 Blue	Joong-Gun
P10	13-17 Blue	Joong-Gun
P11	Senior Blue	Joong-Gun
P12	U12 Red	Hwa-Rang
P13	13-17 Red	Hwa-Rang
P14	Senior Red	Hwa-Rang

B. Sparring Sections

- Junior Sparring All bouts (incl. Finals) will be 1 X 1.5 minute rounds.
- Senior Sparring All bouts (incl. Finals) will be 1 X 2 minute rounds. 1^{st} , 2^{nd} and 2 X 3^{rd} Place.
- Senior Light indicates up to 75kg for males and 60kg for females
- Senior Heavy indicates 75kg above for males and 61kg above for females
- Sections may be combined if numbers are insufficient.

S 1	Male Green – Red Belt U11 Yrs
S2	Female Green - Red Belt U11 Yrs
S3	Male Green - Red Belt 12 – 14 Yrs
S4	Female Green - Red Belt 12 – 14 Yrs
S5	Male Green Belt 15 – 17 Yrs
S 6	Male Blue & Red Belt 15 – 17 Yrs
S7	Female Green - Red Belt 15 - 17 Yrs
S8	Male Green Belt 18 Yrs and above (Light)
S 9	Male Green Belt 18 Yrs and above (Heavy)
S10	Male Blue & Red Belt 18 Yrs and above (Light)
S11	Male Blue & Red Belt 18 Yrs and above (Heavy)
S12	Female Green to Red Belt 18 Yrs and above (Light)
S13	Female Green to Red Belt 18 Yrs and above (Heavy)

C. Power / Special Technique Sections

- Special Technique for Juniors will be Flying Side Kick U13 and High Front Kick 14-17 years
- Focus Boards will be used for the Senior Power Sections.
- Male Power (2 white boards for hand and foot) Female Power (1 white board for hand and foot)
- ITF Procedure as regards measuring, ready position, etc must be followed.
- 1st Place Only (overall hand and foot combined for each category)
- Each competitor will perform the techniques designated for their grade and will accumulate points accordingly. 3 Points for a break and 1 point if the board is bent.

D1	Male Green Belt	- See table below
D2	Male Blue Belt	- See table below
D3	Male Red Belt	- See table below

D4	Female Green -	Red Belt	- See table below

Grade	Male Red	Male Blue	Male Green	Female
HAND				
Reverse Knifehand	X			
Punch	X	X		
Knifehand		X	X	X
Elbow			X	
FOOT				
Spot Jumping Side Piercing Kick	X			
Reverse Turning Kick	X	X		
Turning Kick		X	X	X
Side Piercing Kick			X	X

BLACK BELT DIVISIONS

A. Patterns Sections

Competitors will be required to perform 2 patterns, one optional and one designated. Optional Pattern will be any pattern from their Dan Patterns.

Designated Pattern will be any pattern from Chon-Ji up to and including their Dan Patterns.

• 1st, 2nd and 2 X 3rd Place.

P15 Under 18 Yrs I, II, III Degree (Male & Female)
P16 18 Yrs and over I, II, III & IV Degree (Male & Female)

B. Sparring Sections

- Junior Sparring All bouts (incl. Finals) will be 1 X 2 minute rounds.
- Senior Sparring All bouts (incl. Finals) will be 1 X 2 minute rounds.
- 1st, 2nd and 2 X 3rd Place.

S14	Female up to 17 Yrs
S15	Male up to 17 Yrs
S16	Male 18 Yrs and over (Light)
S17	Male 18 Yrs and over (Heavy)
S18	Female 18 Yrs and over

C. Power Sections

- Focus Boards will be used for the Power Sections in the individual tournament.
- 3 Point awarded for a clean break, 1 point for a bent board.
- ITF Procedure as regards measuring, ready position, etc must be strictly followed.
- 1st Place Only
- Male Power (3 boards for foot, 2 for hand; Female Power 2 boards for foot, 1 for hand.)

D5 Male Power Punch, Knifehand, Side Piercing Kick, Turning Kick, Reverse Turning Kick.

D6 Female Power Knifehand, Front Elbow, Side Piercing

Kick, Turning Kick, 180° Mid Air Side

Kick

SCHOOL DECLARATION 2006 Maynooth ITF Tournament

On Sunday 24th September 2006 At Sports Hall, NUI Maynooth, Co Kildare.

SCHOOL DETAILS

Name of Your Taekwon-Do	School:		
Association Name:			
Name of Your Instructor: _		Degree: _	
Competitor Numbers		Fees included	
Total	_ @ €2 0 each		
Umpire List			
Name:	Dan:	Qualification:	Competing?
1	/		
2			/_
3	/		
4	/		/

For more information contact Mr Stephen Doyle 01-4625252 or 087-6986491 E-mail: maynooth@rita-itf.org

ALL PAYMENTS IN *EURO* TO: <u>STEPHEN DOYLE</u>. SEND TO: 73 The Crescent, Millbrook Lawns, Tallaght, Dublin 24 Late entries may be rejected. Forms with missing information may be rejected.

CLOSING DATE FOR RECEIPT OF APPLICATIONS MONDAY 18th SEPTEMBER 2006

APPLICATION TO COMPETE 2006 Maynooth ITF Tournament

On Sunday 24th September 2006 At Sports Hall, NUI Maynooth, Co Kildare.

APPLICANT DETAILS - Please Print

First Name:		Family Name:	
Grade: I	Degree/Kup	Date of Birth:	Age:
Height: (cm)	Weiş	ght: (kg)	
ITF/RITA Member	ship Number: _		
ITF Certificate Nu	mber:	(Black Belts only)	
Name of Your Tae	kwon-Do Schoo	ol:	
Association Name:			
Name of Your Inst	ructor:		_ Degree:

Sex: Male F	emale	Events entered: Patterns	Sparring Spec. Tech/Power
Colour: 9 th kup / Yellow	Green Blu	ue Red Black Belt De	egree: 1^{st} 2^{nd} 3^{rd} 4^t

 I will wear appre I am fully aware	oved ITF type pro that participation	nended or cancelled if there are insortection on my head, hands, feet & n in the event is entirely at my own if any of the information on this fo	risk
Applicant's Signatu	ıre:		Date:
	(Pare	ent or Guardian if applicant is u	nder 18 years)
	re:		_

€20.00 All Competitors

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