

## 4rd Annual NITRA CUP

**Dear Mr., Mrs. President, Leader of team,**

We would like to invite you for 4rd annual competition in Taekwondo ITF,  
NITRA CUP, for children, juniors and seniors in Nitra.



Looking forward for Your attendance.

**Ivan Kiko**  
Coach of Team UKF Nitra.

**Location :** **City Sports Hall,**  
Dolnočermánska ul.,  
Klokočina, **NITRA**  
(GPS: N48.29700, E18.06709; N48 17 49 E18 04 01; N 48 17.820 E 18 04.025)

**Date:** **17 April 2010**

**Discipline:** individual sparring (matsogi) – 7. kup and higher  
individual and team patterns (tul) – from 8. kup  
team self-defence (hosinsool)  
individual power test (wiryok) – from 4. kup

**Organizer:** KBU UKF Nitra ( [tkd.ukf@centrum.sk](mailto:tkd.ukf@centrum.sk) tel. +421 904 966 775 )

**Technical support:** Taekwondo academy Slovakia

**Director of competition:** Ivan Kiko ( [tkd.ukf@centrum.sk](mailto:tkd.ukf@centrum.sk) tel. +421 904 966 775 )

**Head Referee:** Ing. Karol Molnár ( [molco@molco.sk](mailto:molco@molco.sk), tel: +421 905 487 367, +421 911 487 367)

**Competitor registration: Deadline is on 4 April 2010 till 18:00!**

Competitors will be registered through web site form as well booking of accommodation will be done through web site. All necessary and important information will be posted on the web [www.taekwondonr.sk](http://www.taekwondonr.sk).

**Presentation and accommodation** will take place on 16 April 2010 (one day prior beginning of competition) in **City Sports Hall** from 18:00 till 21:00.

**Fees :**

<b>Matsogi and tul</b> (Basic fees)	<b>Hosinsool</b>	<b>Team Tul</b>	<b>Wiryok</b>	<b>Attendance in</b> <b>matsogi in higher</b> <b>category</b>
15 EUR 10 EUR for members of SZKTKD ITF	3 EUR per Team	5 EUR per Team	2 EUR	3 EUR

Accommodation and Meals costs:

**Ceny ubytovania a stravovania:**

Accommodation Transmotel Nitra	Lunch in the sports hall
15 € / night / person + breakfast 4 €	lunch– 5 €

Accommodation B – Transmotel is located 5km from The Hall

Breakfast are served in buffet style (Swedish style).

(GPS: N48.25971, E18.1054; N48 15 34 E18 06 19; N 48 15.583 E 18 06.326)

**Competitors drawing will take place one day prior competition on 16 April 2010.** We kindly ask to fill up all the web site forms correctly, because there will be no changes made on that day.

**Information of program for competition :**

16 April 2010 **Friday**

18:00-21:00 – Presentation of competitors, weighting, Accommodation

22:00-23:00 – Drawing and Meeting of coaches

17 April 2010 **Saturday**

**7:30 – 8:00 Arrival to Sports Hall**

8:00 – Meeting of referees, splitting the rings

8:30 – Opening ceremony and beginning of competition NITRA CUP 2010

19:30 – Final ceremony of the event



**Categories of competition:**

<b>Groups:</b>	children	date of birth	1997 and younger
	Juniors	date of birth	1992 -1996
	Seniors	date of birth	1991 and older

**Disciplines**

**TUL**

Categories: **8.-7. kup**  
**6.-5. kup**  
**4.-3. kup**  
**2.-1. kup**  
**I.dan+**  
elimination : one designated pattern  
final : one optional and one designated pattern

In this TUL category can attend competitors with technical level of 8. kup and higher

**Matsogi**

Every competitor in this category needs to have their own protectors for hands, feet, teeth, groin guards. In this discipline can attend all competitors who reached level 7. Kup and higher, children, juniors, seniors. Each competitor will fight with all attendants or by pyramid system, but all depends on number of competitors. Competition will be under the EITF rules.

Categories:

Youth	-32, -38, -44, -50, +50kg
Juniors (men)	-51, -57, -63, -69, +69kg
Juniors (women)	-46, -52, -58, -64, +64kg
Seniors (men)	-57, -64, -71, -78, +78kg
Seniors (women)	-51, -57, -63, -69, +69kg

**Length of fights :**

**For all groups:** 3 minutes final fight: 2 times 2 minutes (“pyramid system”)  
2 minutes (“all with all”).

## **Team tul**

In this category will compete 5 members of team,  
it can be mixed teams juniors together with seniors.

## **Hosinsool**

In this category it is 3 members of team (hero + 2)  
Hero can be male or female.

## **Wiryok**

Power test competitions can attend only competitors with technical level 4. Kup. It can be maximum 3 members of one team in one category either juniors or seniors.

Juniors and seniors ( male ) sonkal, yop chagi, dollyo chagi  
Juniors and seniors ( male ) sonkal, yop chagi, dollyo chagi

## **Attention!!!**

Amount of plastic boards will be decided on the place of competition!

Referees: Every team is required to provide 2 referees

Referee is required to have 4.Kup at least. If the team can not provide required amount of referees, team will requested to pay extra 30EUR per one referee. All the referees will register together with the team one day prior the event. All referees are **REQUIRED** to dress in ITF referee dress and be ready at any time.

All the accommodation, meals and refreshment will be provided by organizers.

## **RULES:**

All rules of competition are under the **EITF** rules! Every attendant must have official ITF dobok. Amount of competitors is not limited except wiryok discipline - max. 3 competitors per category in the team.

## **Protest:**

Protest against referee's decision must be filled only coach within 5 minutes after the end of fight with deposit of 25EUR to the hand of HEAD referee.

## **Prices :**

**1,2,3 price will get medallions and diplomas.**

**Trophy will be given to the best children , juniors, seniors.**

**Main referee and organizer of the competition reserve all rights of any changes like merger of categories. This could happen in case of lack of competitors**

You can find all necessary and important information under the email: [tkd.ukf@centrum.sk](mailto:tkd.ukf@centrum.sk)  
or [www.taekwondonr.sk](http://www.taekwondonr.sk) or on phone number +421 904 966775

+421 911 487 367