



ČESKÝ SVAZ TAEKWON-DO ITF

Zátopkova 100/2 P.S. 40, Praha 6, 160 17, Česká republika

tel/fax: +420 257224209, tel. +420 603462000, +420 604258109

web: czechopen.taekwondo.cz, e-mail: czechopen@taekwondo.cz

CZECH OPEN 2010

Date: February 12 – 13, 2010

Place: The Sport Centre Nymburk, Sportovní 1801/2, Nymburk
<http://www.scnb.cz/sportovni-centrum-nymburk/en>

Organizer: Czech Taekwon-do ITF Federation
Tournament director: Sona Weigertová (+420 774 804 901)
Umpire chairman: Rostislav Kanka (+420 602 409 399)
IT service: Ivan Rajtr (+420 602 446 369)

Applications: the deadline is on **Monday February 1, 2010 – 12:00 AM**. Please send applications on enclosed form to czechopen@taekwondo.cz

Accommodation: Organizer will provide accommodation and food for competitors, referees and guests who applied before deadline.

600,- CZK / person / night (breakfast included; check out at 10 AM)
Hotel is part of the Sport Centre.

Food: lunch 130,- CZK
dinner 130,- CZK

Fees: **500 CZK / competitor (750 CZK after deadline)**

PRELIMINARY COMPETITION'S SCHEDULE

Friday, February 12

16:00 – 19:00 registration, weigh-in, accommodation (sport hall)
20:00 draw, coach meeting (sport hall)

Saturday, February 13

07:30 – 08:00 breakfast for referees (sport hall)
08:00 referees meeting
08:30 official opening ceremony, start of competition, eliminations
18:00 finale matches
19:30 closing ceremony



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COMPETITION INFORMATION

I. Divisions: individual competition only

II. Groups:

Youth male, female	year of birth 97, 98, 99 and younger
Junior male, female	year of birth 92, 93, 94, 95 and 96
Adult male, female	year of birth 91, 90, 89, 88 and older

Holders of yellow, green, blue, red and black belts (8th – 1st kup, I. – IV. dan)

III. Events: Youth will compete in pattern, sparring and special techniques.
Juniors and adults will compete in pattern, sparring, special techniques and power breaking.

There will be two groups for sparring, special techniques and power breaking:

- Group B – 8th kup – 3rd kup
- Group A – 2nd kup – IV. dan

PATTERN

<u>categories:</u> youth male	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II. Dan+
youth female	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II. Dan+
junior male	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III. Dan
junior female	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III. Dan
adult male	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III., IV. Dan
adult female	8.+7., 6.+5., 4.+3., 2.+1. kup, I., II., III., IV. Dan

system of competition

- pyramid system will be used
- elimination: 1 designated pattern regarding competitor's degree
- finales: 1 optional pattern & 1 designated pattern
- the designated pattern will be chosen according to the competitor's rank (at the most, the higher pattern from his/her last examinations).

SPARRING

<u>categories:</u> youth male	-32, -38, -44, -50, +50 kg
youth female	-32, -38, -44, -50, +50 kg
junior male	-51, -57, -63, -69, +69 kg
junior female	-46, -52, -58, -64, +64 kg
adult male	-57, -64, -71, -78, +78 kg
adult female	-51, -57, -63, -69, +69 kg

system of competition

- pyramid system will be used
- only blue belts and above can compete
- elimination: 1 round 3 minutes
- finales: 2 rounds 2 minutes



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POWER

	ap joomuk	sonkal	yop chagi	dollyo chagi	bandae dollyo chagi
Junior male A	2	2	3	2	2
Junior male B	1 red	2	3	2	-
Senior male A	1 red+1	1 red+1	4	3	3
Senior male B	2	2	3	2	-
	sonkal	ap palkup	yop chagi	dollyo chagi	dolmyo chagi
Junior female A	2	1 red	1 red+1	2	2
Junior female B	1	-	2	2	-
Senior female A	2	2	3	2	3
Senior female B	1 red	-	2	-	2

Boards will be used plastic in white color with exceptions written above.

system of competition

- Only green belts and above can compete and also competitors for this event must be 15 years old or above on the day of competition.
- Will be used elimination technique for each category. Technique is on competitor's choice.

SPECIAL TECHNIQUES

	nopi	dollyo	dolmyo	bandae	nomo
Youth male	215	210	-	-	115/70
Youth female	205	200	-	-	100/70
Junior male A	250	245	220	220	240/70
Junior male B	245	240	-	-	230/70
Junior female A	220	215	180	180	170/70
Junior female B	215	210	-	-	130/70
Senior male A	260	255	230	230	250/70
Senior male B	255	250	-	-	240/70
Senior female A	225	220	180	180	185/70
Senior female B	215	210	-	-	130/70

Heights and distances are in centimeters. Heights are measured at center of board.



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system of competition

- All heights are at the center of board. Only green belts and above can compete.
- Will be used elimination technique for each category. Technique is on competitor's choice.

Club can apply to each competition group in power and special techniques up to 3 competitors.

IV. Rules: Tournament will follow the EITF tournament rules with modifications for the Czech Taekwon-do Federation.

V. Protest: Protest against umpire's decision must be done with valid procedure with payment **500 CZK**.

VI. Umpires:

- **All clubs must bring:**
 - 1 umpire up to 15 competitors**
 - 2 umpires more than 15 competitors**
- Referee should be at minimum I. degree holder
- Clubs without any or with missing referees must pay a fine of 1000 CZK / referee.
- Referees have to be dressed by official EITF / ITF rules and have to be available in sport hall on Saturday at 8:00 AM.
- Organizer will pay accommodation and food for all umpires. There will be prepared dinner on Friday and also breakfast and lunch on Saturday.

VIII. Trophies:

Competitors placing 1st, 2nd and 3rd place will be awarded medals. The most successful competitors from each group will be awarded a cup, as well as the most successful club.

IX. How to get to Nymburk

Town Nymburk is located only 50 kilometers to East from Prague. You will be able easily get there by car, train or plain from whole Europe. If you need any help don't hesitate to contact us.

By plane to airport Prague – Ruzyne and than by bus or train to Nymburk.
By car – direction from Prague highway D11 Exit 25, or from Hradec Kralove Exit 39.
By train – from East (for example from Ostrava or Brno) you need to change train in Kolin (aprox. 30min. from Kolin to Nymburk) or from West it is about 40min. from Prague's main station.

GPS Location: 50°10'39.39"N, 15°3'33.37"E

X. Miscellaneous:

The organizer, tournament director and umpire chairman reserve the right to merge categories. If a category consists of 3 or less competitors, it will be merged with a higher one. Only two similar categories can be merged. Coaches will be informed during the coach meeting.



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Medical assistance during competition will be available only for competitors. It is the participant's responsibility to have full insurance coverage for all eventualities. The organizer will not be responsible for any injury or loss for participants before, during and after the Championship, howsoever arising.

In sparring will be allowed protective equipment approved by Czech Taekwon-do Federation (available at www.taekwondo.cz/important/sparring.pdf) – gloves with open palm and covered fingers!

All changes after coach meeting will be charged with 1000 CZK.

This tournament is part of schedule of the Czech Taekwon-do ITF national team !



Nymburk lies on the river Elbe, in a fertile part of central Bohemia, in altitude of 186 meters and the population is about 14 600 inhabitants.

The town was founded in about 1275 by the Czech king Premysl Otakar II. and during the Middle Ages it was one of the most important towns in the country, endowed with a lot of privileges. Present Nymburk is a modern administrative town, the centre of The Elbe area. It is a town of culture, verdancy, sports and also a lot of historical sights and monuments.